

May the work of your hands be a sign of gratitude and reverence to the human condition.
--Mahatma Gandhi



**Reiki Master, Reiki I & II
Energy Medicine Workshops
with
Reiki Master Lillian Kurosaka***

January 22-24, 2010
10-4 PM Each Day
Santa Barbara Location

In a relaxed, calm and nurturing atmosphere:

Reiki Master: Friday, January 22--Receive Master attunement, learn the Master symbol and how to give attunements, and deeper study of energy work. How to teach Reiki, give deeper sessions, and find greater connection to self. On Saturday and Sunday you will have the opportunity to practice giving attunements in the Reiki I & II classes. Must bring proof of your Reiki I & II training. \$300. Please contact me for further requirements. Additional workshops will supplement this initial Reiki Master workshop.

Reiki I: Saturday, January 23--Learn how to give yourself and others a Reiki treatment, learn techniques to help ease anxiety, pain and shock. Open to Reiki energy through attunements and experience ways to connect to self and others in a more joyful and deep way. Learn ways to fold Reiki into your day. Say yes to yourself. \$150.

Reiki II: Sunday, January 24--Open up more deeply into Reiki energy through level II attunements. Learn Reiki symbols to boost your energy transmissions and how to use them in daily life. Restore. Includes additional energetic healing techniques and self care tricks. \$200. Must bring proof of your Reiki I training.

--Includes an additional 8 hrs. of hands on work and guidance

--Discount for nurses, doctors, emergency personnel, and hospice volunteers

*For more information and sign up: please leave your name, address, phone number and e-mail address by calling 805/708-5164 or e-mail at lkurosaka@yahoo.com For more information and testimonials on Lillian Kurosaka go to: <http://sbwellnessdirectory.com/kurosaka.htm>

Comments from Reiki workshop participants:

LILLIAN IS ONE OF THESE WONDERFUL, SENSITIVE, SPIRITUAL OLD SOULS FOR ME, WHO MAKES IT WORTH TRAVELING FROM EUROPE TO CALIFORNIA TO GET A REIKI DEGREE. COULD NOT FIND SOMEONE LIKE THIS IN GERMANY! I LOVE HER AND RECOMMEND HER FROM THE BOTTOM OF MY HEART!

--STEFANIE S., GERMANY

Lillian Kurosaka is a natural healer and teacher. She is sensitive, intuitive and full of wisdom. Her knowledge and talents are immeasurable. I highly recommend her for both one on one exceptional healing and as an invaluable teacher.

--Tonia Shimin, Professor Emerita, UCSB Department of Theater and Dance

Lillian Kurosaka is a very good teacher and model for how a healer should tune into the divine energy & BE here on Earth too. I have taken many of her classes – always and all ways a learning situation - and intend to take more... [Sharon A. Lezotte, MHE, MLIS, Director, Reeves Medical Library, Cottage Health System \(CHS\)](#)

"Lillian is like a mirror.. When I look at her I can see and love myself. She has a profound capacity to hold a safe and gentle space, which allows me to see through murky waters. Lillian truly sees and hears with her heart." --nancy Chargualaf martin

Lillian Kurosaka's healing sessions and workshops have been catalysts for major transformations in my life. I recommend her workshops to anyone who is seeking a deeper relationship with one's self. She empowers you and gives you the tools to make healing and balance part of your everyday.--Elisabeth Boles

We are so fortunate to have Lillian in our midst. She brings pure JOY into every situation---no matter how great or how intimate the challenge.. I marvel at her integrity, insightfulness, knowledge and giftedness. She has deeply touched my heart and spirit..L. King, Santa Barbara

Comments from heart chamber workshops:

Lillian offers a melding of skill and spirit that inspires people to go deep and examine themselves honestly and openly. I have benefitted so much from her seminars, as a professional in a high-stress industry, as a mother of two school-aged children, as a woman entering her 50s, and as a writer. My creativity blossomed and my spirit was refreshed after her Heart Chambers workshop.--Julia Orlosky

It was a great experience to take a look into the chambers of my heart. The pictures came immediately and helped me to understand the language of my heart. Thank you very much Lillian for guiding us.--Matthias (Germany, 50)